

Primary & Secondary

Monday, 28.09.2026

SALAD BAR
Raw vegetables, Toppings, Dressing
A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

PRIMARY: Pasta station with various sauces and pesto SECONDARY: Pasta station for all pasta lovers with a variety of sauces and topping station

Pasta station: A/C/G/02/03/08

COLORFUL DIVERSITY

Chicken breast gyros with yoghurt sauce and long-grain rice

G/03

PURE FREEDOM "Allergenes"

Rice stir-fry with chickpeas, courgettes and soy yoghurt

F/03

DESSERT

Fresh Fruit

Tuesday, 29.09.2026

SALAD BAR
Raw vegetables, Toppings, Dressing
A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

Potato gratin with carrots and broccoli

G/01

COLORFUL DIVERSITY

Creamy veal goulash with bell peppers and spaetzle

A/C/G/01/03

PURE FREEDOM "Allergenes"

Vegetable and tofu tikka masala with flatbread – vegan

A/F/K/L/03

DESSERT

Jelly

01

Wednesday, 30.09.2026

SALAD BAR
Raw vegetables, Toppings, Dressing
A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

PRIMARY: Pasta station with various sauces and pesto SECONDARY: Pasta station for all pasta lovers with a variety of sauces and topping station

Pasta station: A/C/G/02/03/08

COLORFUL DIVERSITY

Farmhouse stew with minced beef, potatoes and bell peppers, served with baguette (alternative: gluten-free bread roll)

A/L/03

PURE FREEDOM "Allergenes"

Chilli sin carne with potatoes and long-grain rice

I/J

DESSERT

Chocolate pudding

G

Thursday, 01.10.2026

SALAD BAR
Raw vegetables, Toppings, Dressing
A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

Red bulgur and vegetable stir-fry with mint yoghurt sauce

A/G/L/03

COLORFUL DIVERSITY

Pastitsio – Cypriot pasta bake with minced beef

A/C/G/03

PURE FREEDOM "Allergenes"

Mozzarella pizza (Margherita) – also available gluten-free and lactose-free

A/G

DESSERT

Fruit salad

03

Friday, 02.10.2026

SALAD BAR
Raw vegetables, Toppings, Dressing
A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

PRIMARY: Pasta station with various sauces and pesto SECONDARY: Pasta station for all pasta lovers with a variety of sauces and topping station

Pasta station: A/C/G/02/03/08

COLORFUL DIVERSITY

Poultry hot dogs with steakhouse fries

A/C/I/01/02/03/04/07/11

PURE FREEDOM "Allergenes"

Herb-crusted pollock fillet with lemon sauce, mixed carrots and dill potatoes

D/01

DESSERT

Apple crumble

A/01/03

Additives:	01 with dye	02 with preservatives	03 with antioxidants	04 with flavor enhancer	05 sulphurated
	06 blackendes	07 with phosphat	08 with milk protein	09 caffeinated	10 quinine
Allergenes:	a cereals containing gluten	b crustaceans	c eggs	d fish	e peanuts
	f soja	g milk	h nuts	i celery	j mustard
	k sesame seeds	l sulfur dioxide and sulphites	m lupines	n moluuscs	



Primary & Secondary

Monday, 05.10.2026 SALAD Salad bar, raw vegetables, toppings, dressing A/C/H/I/J in Toppings und Dressing PLANTPOWER PRIMARY: Pasta station with various sauces and pesto SECONDARY: Pasta station for all pasta lovers with a variety of sauces and topping station Pasta station: A/C/G/02/03/08 COLORFUL DIVERSITY Poultry meatloaf with sauerkraut and potato salad J/L/02/03/07/11 PURE FREEDOM "Allergenes" Swabian Maultaschen with a vegetable filling and gravy A/C/I/J DESSERT Fresh fruit	Tuesday, 06.10.2026 SALAD Salad bar, raw vegetables, toppings, dressing A/C/H/I/J in Toppings und Dressing PLANTPOWER Asian-style fried noodles with vegetables A/C/F/K/L/02/03/12 COLORFUL DIVERSITY Minced beef stir-fry with kritharaki pasta, tomatoes and feta cheese A/G/L PURE FREEDOM "Allergenes" Vegan pumpkin soup with baguette (alternative: gluten-free bread roll) A/F/I/01 DESSERT Stracciatella pudding G/01	Wednesday, 07.10.2026 SALAD Salad bar, raw vegetables, toppings, dressing A/C/H/I/J in Toppings und Dressing PLANTPOWER PRIMARY: Pasta station with various sauces and pesto SECONDARY: Pasta station for all pasta lovers with a variety of sauces and topping station Pasta station: A/C/G/02/03/08 COLORFUL DIVERSITY Grilled turkey steak with broccoli and bell pepper vegetables and tomato kritharaki pasta A/01/03 PURE FREEDOM "Allergenes" Chickpea curry with vegetables and flatbread A/K/L/03 DESSERT Semolina pudding A/G	Thursday, 08.10.2026 SALAD Salad bar, raw vegetables, toppings, dressing A/C/H/I/J in Toppings und Dressing PLANTPOWER Kaiserschmarrn (shredded pancakes) with apple sauce A/C/G/03 COLORFUL DIVERSITY Poultry bratwurst with gravy and mashed potatoes – lactose-free I/J/01/03 PURE FREEDOM "Allergenes" Vegetable gyros with yoghurt dip and long-grain rice G/03 DESSERT Fruit salad 03	Friday, 09.10.2026 SALAD Salad bar, raw vegetables, toppings, dressing A/C/H/I/J in Toppings und Dressing PLANTPOWER PRIMARY: Pasta station with various sauces and pesto SECONDARY: Pasta station for all pasta lovers with a variety of sauces and topping station Pasta station: A/C/G/02/03/08 COLORFUL DIVERSITY Hamburger with potato wedges A/C/I/01/03/11 PURE FREEDOM "Allergenes" Crispy chicken burger with potato wedges A/C/I/01/03/11 DESSERT Vanilla pudding G/01
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Additives:	01 with dye	02 with preservatives	03 with antioxidants	04 with flavor enhancer	05 sulphurated
	06 blackendes	07 with phosphat	08 with milk protein	09 caffeinated	10 quinine
Allergenes:	a cereals containing gluten	b crustaceans	c eggs	d fish	e peanuts
	f soja	g milk	h nuts	i celery	j mustard
	k sesame seeds	l sulfur dioxide and sulphites	m lupines	n moliuuscs	

Primary & Secondary

Monday, 12.10.2026

SALAD BAR
Raw vegetables, Toppings, Dressing
A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

PRIMARY: Pasta station with various sauces and pesto SECONDARY: Pasta station for all pasta lovers with a variety of sauces and topping station

Pasta station: A/C/G/02/03/08

COLORFUL DIVERSITY

Spanish tortilla (egg omelette) with turkey breast



C/02/03/07

PURE FREEDOM "Allergenes"

Japanese-style fried udon noodles

A/F/02/03

DESSERT

Fresh fruit

Tuesday, 13.10.2026

SALAD BAR
Raw vegetables, Toppings, Dressing
A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

Steamed yeast dumpling filled with plum jam, served with vanilla sauce and poppy seed sugar

A/G/01

COLORFUL DIVERSITY

Beef sausage with curry sauce and steakhouse fries

F/L/02/03/07

PURE FREEDOM "Allergenes"

Sweet potato curry with broccoli, coconut milk and long-grain rice – vegan

03

DESSERT

Rice pudding with cinnamon and sugar

G

Wednesday, 14.10.2026

SALAD BAR
Raw vegetables, Toppings, Dressing
A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

PRIMARY: Pasta station with various sauces and pesto SECONDARY: Pasta station for all pasta lovers with a variety of sauces and topping station

Pasta station: A/C/G/02/03/08

COLORFUL DIVERSITY

Beef lasagne Bolognese

A/G/03

PURE FREEDOM "Allergenes"

Vegetarian shashlik stew with herb potatoes

F/L/03/11

DESSERT

Berry compote with vanilla sauce

G/01

Thursday, 15.10.2026

SALAD BAR
Raw vegetables, Toppings, Dressing
A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

Boiled organic eggs with mustard sauce and boiled potatoes

C/F/I/01

COLORFUL DIVERSITY

Fried rice with chicken breast, egg and vegetables

C/F/K/L/02/03/12

PURE FREEDOM "Allergenes"

Grandma's lentil stew with vegetables and potatoes, served with baguette (alternative: gluten-free bread roll) – vegan

A/I/03

DESSERT

Fruit salad

03

Friday, 16.10.2026

SALAD BAR
Raw vegetables, Toppings, Dressing
A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

PRIMARY: Pasta station with various sauces and pesto SECONDARY: Pasta station for all pasta lovers with a variety of sauces and topping station

Pasta station: A/C/G/02/03/08

COLORFUL DIVERSITY

Pizza with turkey salami and mozzarella

A/G/02/03

PURE FREEDOM "Allergenes"

Pangasius fillet with a dill and lemon marinade and pumpkin mashed potatoes – lactose-free

D/01

DESSERT

Chocolate pudding

G

Additives:	01 with dye	02 with preservatives	03 with antioxidants	04 with flavor enhancer	05 sulphurated
	06 blackendes	07 with phosphat	08 with milk protein	09 caffeinated	10 quinine
Allergenes:	a cereals containing gluten	b crustaceans	c eggs	d fish	e peanuts
	f soja	g milk	h nuts	i celery	j mustard
	k sesame seeds	l sulfur dioxide and sulphites	m lupines	n moluuscs	



Primary & Secondary

Monday, 19.10.2026

SALAD
Salad bar, raw vegetables, toppings,
dressing

A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

PRIMARY: Pasta station with various
sauces and pesto SECONDARY: Pasta
station for all pasta lovers with a
variety of sauces and topping station
Pasta station: A/C/G/02/03/08

COLORFUL DIVERSITY

Creamy leek and minced beef stew with
baguette (alternative: gluten-free bread
roll)

A/G/L/01/03

PURE FREEDOM "Allergenes"

Bread dumplings with creamy
mushroom sauce

A/C/G

DESSERT
Fresh fruit

Tuesday, 20.10.2026

SALAD
Salad bar, raw vegetables, toppings,
dressing

A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

Cheese spaetzle with crispy fried onions

A/C/G

COLORFUL DIVERSITY

Fish fingers with remoulade sauce and
herb potatoes

C/J/01/11

PURE FREEDOM "Allergenes"

Cauliflower curry with Pardina lentils
and boiled potatoes

01/03

DESSERT
Peach and passion fruit yoghurt

G

Wednesday, 21.10.2026

SALAD
Salad bar, raw vegetables, toppings,
dressing

A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

PRIMARY: Pasta station with various
sauces and pesto SECONDARY: Pasta
station for all pasta lovers with a
variety of sauces and topping station
Pasta station: A/C/G/02/03/08

COLORFUL DIVERSITY

Fruity chicken curry with long-grain rice

G/01

PURE FREEDOM "Allergenes"

Pumpkin lasagne – gluten-free and
lactose-free

C/F/I/01/03

DESSERT
Orange cake

A/C/03

Thursday, 22.10.2026

SALAD
Salad bar, raw vegetables, toppings,
dressing

A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

Red cabbage with potato dumplings and
gravy

I/J/L/02/03/05

COLORFUL DIVERSITY

Chicken schnitzel with gravy and small
spaetzle

A/C/I/J

PURE FREEDOM "Allergenes"

Gnocchi and cherry tomato stir-fry

F/01

DESSERT
Fruit salad

03

Friday, 23.10.2026

SALAD
Salad bar, raw vegetables, toppings,
dressing

A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

PRIMARY: Pasta station with various
sauces and pesto SECONDARY: Pasta
station for all pasta lovers with a
variety of sauces and topping station
Pasta station: A/C/G/02/03/08

COLORFUL DIVERSITY

Chicken nuggets with steakhouse fries

A/I

PURE FREEDOM "Allergenes"

Crispy cauliflower and cheese nuggets
with steakhouse fries

A/C/G/01/02

DESSERT
Vanilla pudding

G/01

Additives:	01 with dye	02 with preservatives	03 with antioxidants	04 with flavor enhancer	05 sulphurated
	06 blackendes	07 with phosphat	08 with milk protein	09 caffeinated	10 quinine
Allergenes:	a cereals containing gluten	b crustaceans	c eggs	d fish	e peanuts
	f soja	g milk	h nuts	i celery	j mustard
	k sesame seeds	l sulfur dioxide and sulphites	m lupines	n molumscs	