

# Primary & Secondary

## Monday, 03.11.2025

**SALAD BAR**  
Raw vegetables, Toppings, Dressing  
A/C/H/I/J  
in Toppings und Dressing

### PLANTPOWER

PRIMARY: Pasta station with various sauces and pesto SECONDARY: Pasta station for all pasta lovers with a variety of sauces and topping station

Pasta station: A/C/G/02/03/08

### COLORFUL DIVERSITY

Poultry meatloaf with organic fried egg and potato rösti

C/02/03/07

### PURE FREEDOM "Allergenes"

Kaiserschmarrn with applesauce

A/C/G/03

### DESSERT

Fruit

## Tuesday, 04.11.2025

**SALAD BAR**  
Raw vegetables, Toppings, Dressing  
A/C/H/I/J  
in Toppings und Dressing

### PLANTPOWER

Paradina lentil-coconut curry with kohlrabi (vegan) and basmati rice

Pasta station: A/C/G/02/03/08

A / I / J / 03

### COLORFUL DIVERSITY

Svickova – Czech beef roast with cream sauce and potato dumplings

G/I/J/L/02/03/05

### PURE FREEDOM "Allergenes"

Grilled chicken breast with carrot-broccoli vegetables and potato gratin (vegan)

F/01

### DESSERT

Jelly dessert

01

## Wednesday, 05.11.2025

**SALAD BAR**  
Raw vegetables, Toppings, Dressing  
A/C/H/I/J  
in Toppings und Dressing

### PLANTPOWER

PRIMARY: Pasta station with various sauces and pesto SECONDARY: Pasta station for all pasta lovers with a variety of sauces and topping station

Pasta station: A/C/G/02/03/08

03

### COLORFUL DIVERSITY

Sliced turkey breast in bell pepper cream sauce (lactose-free) with parsley potatoes

F/01/03

### PURE FREEDOM "Allergenes"

Fried pollock fillet (gluten- and lactose-free) with potato-cucumber salad and remoulade

C/D/J/01/02/11

### DESSERT

Rice pudding with cinnamon and sugar

G

## Thursday, 06.11.2025

**SALAD BAR**  
Raw vegetables, Toppings, Dressing  
A/C/H/I/J  
in Toppings und Dressing

### PLANTPOWER

Potato pancakes with applesauce

03

### COLORFUL DIVERSITY

Grilled turkey steak with Asian stir-fried vegetables and long grain rice

F/02/03

### PURE FREEDOM "Allergenes"

Red cabbage with potato dumplings and sauce

I/L/02/03/05

### DESSERT

Fruit salad

-

## Friday, 07.11.2025

**SALAD BAR**  
Raw vegetables, Toppings, Dressing  
A/C/H/I/J  
in Toppings und Dressing

### PLANTPOWER

PRIMARY: Pasta station with various sauces and pesto SECONDARY: Pasta station for all pasta lovers with a variety of sauces and topping station

Pasta station: A/C/G/02/03/08

A / G

### COLORFUL DIVERSITY

Pizza with turkey ham and mozzarella

A/G/02/03/07

### PURE FREEDOM "Allergenes"

Pizza Mozzarella (Margherita) – also gluten- and lactose-free

A(G)

### DESSERT

Vanilla pudding

G/01

|             |                             |                                |                      |                         |                |
|-------------|-----------------------------|--------------------------------|----------------------|-------------------------|----------------|
| Additives:  | 01 with dye                 | 02 with preservatives          | 03 with antioxidants | 04 with flavor enhancer | 05 sulphurated |
|             | 06 blackendes               | 07 with phosphat               | 08 with milk protein | 09 caffeinated          | 10 quinine     |
| Allergenes: | a cereals containing gluten | b crustaceans                  | c eggs               | d fish                  | e peanuts      |
|             | f soja                      | g milk                         | h nuts               | i celery                | j mustard      |
|             | k sesame seeds              | l sulfur dioxide and sulphites | m lupines            | n moluuscs              |                |



# Primary & Secondary

## Monday, 10.11.2025

**SALAD**  
Salad bar, raw vegetables, toppings,  
dressing A/C/H/I/J  
in Toppings und Dressing

### PLANTPOWER

PRIMARY: Pasta station with various  
sauces and pesto SECONDARY: Pasta  
station for all pasta lovers with a variety  
of sauces and topping station

Nudelstation: A/C/G/02/03/08 A / G

### COLORFUL DIVERSITY

Beef meatballs with peperonata salsa  
and herb rice

A/L/01/03

### PURE FREEDOM "Allergenes"

Potato rösti with tzatziki

G

### DESSERT

Fresh fruit

## Tuesday, 11.11.2025

**SALAD**  
Salad bar, raw vegetables, toppings,  
dressing A/C/H/I/J  
in Toppings und Dressing

### PLANTPOWER

Pierogi (dumplings) with potato and  
quark filling, sour cream dip, and crispy

A/C/G

### COLORFUL DIVERSITY

Beef goulash with carrots and boiled  
potatoes

01/03

### PURE FREEDOM "Allergenes"

Vegetable gyros with basmati rice and  
yoghurt sauce

G/03

### DESSERT

Berries fruit yogurt

G

## Wednesday, 12.11.2025

**SALAD**  
Salad bar, raw vegetables, toppings,  
dressing A/C/H/I/J  
in Toppings und Dressing

### PLANTPOWER

Corn on the cob with boiled potatoes  
and Quark dip (lactose-free)

01

### COLORFUL DIVERSITY

Chicken shashlik stew with flatbread

A/K/03/11

### PURE FREEDOM "Allergenes"

Basmati rice with red lentil curry and  
chickpeas – vegan

03

### DESSERT

Chocolate pudding

G

## Thursday, 13.11.2025

**SALAD**  
Salad bar, raw vegetables, toppings,  
dressing A/C/H/I/J  
in Toppings und Dressing

### PLANTPOWER

Dumplings (Germknödel) with plum jam,  
vanilla sauce and poppy seed sugar

A/G/03

### COLORFUL DIVERSITY

Chicken schnitzel with mashed potatoes  
and dark gravy

A/G/I/J

### PURE FREEDOM "Allergenes"

Chickpea curry with vegetables and  
basmati rice

03

### DESSERT

Fruit salad

03

## Friday, 14.11.2025

**SALAD**  
Salad bar, raw vegetables, toppings,  
dressing A/C/H/I/J  
in Toppings und Dressing

### PLANTPOWER

PRIMARY: Pasta station with various  
sauces and pesto SECONDARY: Pasta  
station for all pasta lovers with a variety  
of sauces and topping station

Nudelstation: A/C/G/02/03/0 A / C / J / 01 / 03 / 11

### COLORFUL DIVERSITY

Hot dogs (poultry) to fill yourself

A/C/J/01/02/03/07/11

### PURE FREEDOM "Allergenes"

Hot dogs (poultry) in gluten-free pretzel  
roll – self-serve

A/C/F/J/01/02/03/07/11

### DESSERT

Semolina pudding

A/G

|             |                             |                                |                      |                         |                |
|-------------|-----------------------------|--------------------------------|----------------------|-------------------------|----------------|
| Additives:  | 01 with dye                 | 02 with preservatives          | 03 with antioxidants | 04 with flavor enhancer | 05 sulphurated |
|             | 06 blackendes               | 07 with phosphat               | 08 with milk protein | 09 caffeinated          | 10 quinine     |
| Allergenes: | a cereals containing gluten | b crustaceans                  | c eggs               | d fish                  | e peanuts      |
|             | f soja                      | g milk                         | h nuts               | i celery                | j mustard      |
|             | k sesame seeds              | l sulfur dioxide and sulphites | m lupines            | n moluuscs              |                |



# Primary & Secondary

## Monday, 17.11.2025

SALAD BAR  
Raw vegetables, Toppings, Dressing  
A/C/H/I/J  
in Toppings und Dressing

### PLANTPOWER

PRIMARY: Pasta station with various sauces and pesto SECONDARY: Pasta station for all pasta lovers with a variety of sauces and topping station  
  
Pasta station: A/C/G/02/03/0A

### COLORFUL DIVERSITY

Creamy leek and minced beef stew with baguette (also gluten-free roll)  
  
A/G/01/03

### PURE FREEDOM "Allergenes"

Baked potato with herb quark (lactose-free)  
  
03

### DESSERT

Fresh fruit

## Tuesday, 18.11.2025

SALAD BAR  
Raw vegetables, Toppings, Dressing  
A/C/H/I/J  
in Toppings und Dressing

### PLANTPOWER

Cauliflower and cheese crispy medallions with tomato rice  
  
A/G

### COLORFUL DIVERSITY

Latvian venison roast with chocolate sauce, red cabbage, and potato dumplings  
  
I/J/L/02/03/05

### PURE FREEDOM "Allergenes"

Pollock fillet with herbs and lemon, mixed market vegetables, and mashed potatoes (lactose-free)  
  
D

### DESSERT

Rice pudding with cinnamon and sugar  
  
G

## Wednesday, 19.11.2025

SALAD BAR  
Raw vegetables, Toppings, Dressing  
A/C/H/I/J  
in Toppings und Dressing

### PLANTPOWER

PRIMARY: Pasta station with various sauces and pesto SECONDARY: Pasta station for all pasta lovers with a variety of sauces and topping station  
  
Nudelstation: A/C/G/02/03/08

### COLORFUL DIVERSITY

Chili con carne (beef) with sour cream and baguette (alt.: gluten-free roll)  
  
A/G/03

### PURE FREEDOM "Allergenes"

Caribbean rice pan with turkey breast  
  
D / 01 / 03

### DESSERT

Banana bread  
  
A/G/C/03

## Thursday, 20.11.2025

SALAD BAR  
Raw vegetables, Toppings, Dressing  
A/C/H/I/J  
in Toppings und Dressing

### PLANTPOWER

Oriental couscous with yoghurt sauce  
  
A/G/01

### COLORFUL DIVERSITY

Chicken fricassee with basmati rice  
  
G/01/03

### PURE FREEDOM "Allergenes"

Mozzarella pizza (Margherita) – also gluten-free and lactose-free  
  
A/G

### DESSERT

Fruit salad  
  
03

## Friday, 21.11.2025

SALAD BAR  
Raw vegetables, Toppings, Dressing  
A/C/H/I/J  
in Toppings und Dressing

### PLANTPOWER

PRIMARY: Pasta station with various sauces and pesto SECONDARY: Pasta station for all pasta lovers with a variety of sauces and topping station  
  
Nudelstation: A/C/G/02/03/08

### COLORFUL DIVERSITY

Chicken nuggets and wedges  
  
A/I

### PURE FREEDOM "Allergenes"

Bauerntopf mit vegetarischem Hack, Kartoffeln und Paprika und Salzkartoffeln  
  
I/J/01/03

### DESSERT

Stracciatella pudding  
  
G / 01

|             |                             |                                |                      |                         |                |
|-------------|-----------------------------|--------------------------------|----------------------|-------------------------|----------------|
| Additives:  | 01 with dye                 | 02 with preservatives          | 03 with antioxidants | 04 with flavor enhancer | 05 sulphurated |
|             | 06 blackendes               | 07 with phosphat               | 08 with milk protein | 09 caffeinated          | 10 quinine     |
| Allergenes: | a cereals containing gluten | b crustaceans                  | c eggs               | d fish                  | e peanuts      |
|             | f soja                      | g milk                         | h nuts               | i celery                | j mustard      |
|             | k sesame seeds              | l sulfur dioxide and sulphites | m lupines            | n moluuscs              |                |



# Primary & Secondary

| Monday, 24.11.2025                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Tuesday, 25.11.2025                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Wednesday, 26.11.2025                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Thursday, 27.11.2025                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Friday, 28.11.2025                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
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| <div><div>SALAD</div><div>Salad bar, raw vegetables, toppings, dressing</div><div>A/C/H/I/J</div><div>in Toppings und Dressing</div><div>PLANTPOWER</div><div>PRIMARY: Pasta station with various sauces and pesto SECONDARY: Pasta station for all pasta lovers with a variety of sauces and topping station</div><div>Nudelstation: A/C/G/02/03/08</div><div>COLORFUL DIVERSITY</div><div>Venison ragout with boiled potatoes</div><div>I/J/03</div><div>PURE FREEDOM "Allergenes"</div><div>Red lentil curry with chickpeas – vegan, served with basmati rice</div><div>03</div><div>DESSERT</div><div>Fresh fruit</div></div> | <div><div>SALAD</div><div>Salad bar, raw vegetables, toppings, dressing</div><div>A/C/H/I/J</div><div>in Toppings und Dressing</div><div>PLANTPOWER</div><div>Pumpkin cream soup with coconut and baguette (alt.: gluten-free roll)</div><div>A/I/03</div><div>COLORFUL DIVERSITY</div><div>Minced beef sauce with spiral pasta</div><div>A/03</div><div>PURE FREEDOM "Allergenes"</div><div>Hearty sauerkraut stew with thyme potatoes</div><div>I/01/03</div><div>DESSERT</div><div>Chocolate pudding</div><div>G</div></div> | <div><div>SALAD</div><div>Salad bar, raw vegetables, toppings, dressing</div><div>A/C/H/I/J</div><div>in Toppings und Dressing</div><div>PLANTPOWER</div><div>PRIMARY: Pasta station with various sauces and pesto SECONDARY: Pasta station for all pasta lovers with a variety of sauces and topping station</div><div>Nudelstation: A/C/G/02/03/08</div><div>COLORFUL DIVERSITY</div><div>Chicken breast teriyaki with broccoli and basmati rice</div><div>F / K / 01 / 02</div><div>PURE FREEDOM "Allergenes"</div><div>Jani Me Fasule – Albanian white bean soup with flatbread (alt.: gluten-free roll)</div><div>A/K/01/03</div><div>DESSERT</div><div>Apple crumble</div><div>A/01/03</div></div> | <div><div>SALAD</div><div>Salad bar, raw vegetables, toppings, dressing</div><div>A/C/H/I/J</div><div>in Toppings und Dressing</div><div>PLANTPOWER</div><div>Potato rösti with apple sauce</div><div>03</div><div>COLORFUL DIVERSITY</div><div>Fruity turkey curry with basmati rice</div><div>G/01</div><div>PURE FREEDOM "Allergenes"</div><div>Corn on the cob with boiled potatoes and quark dip (lactose-free)</div><div>01</div><div>DESSERT</div><div>Fruit salad</div><div>-</div></div> | <div><div>SALAD</div><div>Salad bar, raw vegetables, toppings, dressing</div><div>A/C/H/I/J</div><div>in Toppings und Dressing</div><div>PLANTPOWER</div><div>PRIMARY: Pasta station with various sauces and pesto SECONDARY: Pasta station for all pasta lovers with a variety of sauces and topping station</div><div>Nudelstation: A/C/G/02/03/02</div><div>COLORFUL DIVERSITY</div><div>Hamburger with brioche bun, burger sauce, and steakhouse fries</div><div>A/C/I/01/03/11</div><div>PURE FREEDOM "Allergenes"</div><div>Indian potato curry with basmati rice</div><div>03</div><div>DESSERT</div><div>Peach-passion fruit yogurt</div><div>G</div></div> |

|             |                             |                                |                      |                         |                |
|-------------|-----------------------------|--------------------------------|----------------------|-------------------------|----------------|
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|             | 06 blackendes               | 07 with phosphat               | 08 with milk protein | 09 caffeinated          | 10 quinine     |
| Allergenes: | a cereals containing gluten | b crustaceans                  | c eggs               | d fish                  | e peanuts      |
|             | f soja                      | g milk                         | h nuts               | i celery                | j mustard      |
|             | k sesame seeds              | l sulfur dioxide and sulphites | m lupines            | n moluuscs              |                |