



Primary & Secondary

Monday, 29.09.2025

SALAD BAR
Raw vegetables, Toppings, Dressing
A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

PRIMARY: Pasta station with various sauces and pesto SECONDARY: Pasta station for all pasta lovers with a variety of sauces and topping station.

Pasta station: A/C/G/02/03/08

COLORFUL DIVERSITY

Chicken breast gyros plate with long grain rice and yogurt sauce

G/03

PURE FREEDOM "Allergenes"

Rice pan with chickpeas, zucchini, and soy yogurt

F/03

DESSERT

Fruit

Tuesday, 30.09.2025

SALAD BAR
Raw vegetables, Toppings, Dressing
A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

Potato gratin with carrot-broccoli vegetables

G/01

COLORFUL DIVERSITY

Pizza with turkey salami and mozzarella

A/G/02/03

PURE FREEDOM "Allergenes"

Pizza Mozzarella (Margherita) – also gluten-free and lactose-free

A/G

DESSERT

Jelly dessert

01

Wednesday, 01.10.2025

SALAD BAR
Raw vegetables, Toppings, Dressing
A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

PRIMARY: Pasta station with various sauces and pesto SECONDARY: Pasta station for all pasta lovers with a variety of sauces and topping station.

Pasta station: A/C/G/02/03/08

COLORFUL DIVERSITY

Pastitsio – Cypriot pasta casserole with ground beef

A/C/G/03

PURE FREEDOM "Allergenes"

Farmer's stew with ground beef, potatoes, and bell peppers

03

DESSERT

Chocolate pudding

G

Thursday, 02.10.2025

SALAD BAR
Raw vegetables, Toppings, Dressing
A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

Kaiserschmarrn with plum compote

A/C/G

COLORFUL DIVERSITY

Chicken nuggets with steakhouse fries

A/I

PURE FREEDOM "Allergenes"

Chicken nuggets (gluten-free) with steakhouse fries

C/F

DESSERT

Fruit salad

03

Friday, 03.10.2025

Holiday

PLANTPOWER

Holiday

COLORFUL DIVERSITY

Holiday

PURE FREEDOM "Allergenes"

Holiday

DESSERT

Holiday

Additives:	01 with dye	02 with preservatives	03 with antioxidants	04 with flavor enhancer	05 sulphurated
	06 blackendes	07 with phosphat	08 with milk protein	09 caffeinated	10 quinine
Allergenes:	a cereals containing gluten	b crustaceans	c eggs	d fish	e peanuts
	f soja	g milk	h nuts	i celery	j mustard
	k sesame seeds	l sulfur dioxide and sulphites	m lupines	n moluuscs	



Primary & Secondary

Monday, 06.10.2025

SALAD
Salad bar, raw vegetables, toppings,
dressing A/C/H/I/J
in Toppings und Dressing

PLANTPOWER
PRIMARY: Pasta station with various
sauces and pesto SECONDARY: Pasta
station for all pasta lovers with a variety
of sauces and topping station.

Nudelstation: A/C/G/02/03/08

COLORFUL DIVERSITY
Lentils with Spätzle noodles and poultry
wiener

A/C/I/J/01/02/03/04/07

PURE FREEDOM "Allergenes"
Poultry bratwurst with sauerkraut and
mashed potatoes (lactose-free)

L/01/03/11

DESSERT
Fresh fruit

Tuesday, 07.10.2025

SALAD
Salad bar, raw vegetables, toppings,
dressing A/C/H/I/J
in Toppings und Dressing

PLANTPOWER
Red bulgur vegetable pan with mint
yogurt sauce

A/G/03

COLORFUL DIVERSITY
Tortellini with spicy beef filling and
tomato sauce

A

PURE FREEDOM "Allergenes"
Grilled turkey steak in herb marinade,
bell pepper ragout, and Mediterranean
potatoes

L/01/03

DESSERT
Stracciatella pudding

G/01

Wednesday, 08.10.2025

SALAD
Salad bar, raw vegetables, toppings,
dressing A/C/H/I/J
in Toppings und Dressing

PLANTPOWER
PRIMARY: Pasta station with various
sauces and pesto SECONDARY: Pasta
station for all pasta lovers with a variety
of sauces and topping station.

Nudelstation: A/C/G/02/03/08

COLORFUL DIVERSITY
Grilled turkey steak with broccoli-bell
pepper vegetables and tomato kritharaki
pasta

A/01/03

PURE FREEDOM "Allergenes"
Chickpea curry with vegetables and long
grain rice

03

DESSERT
Apple crumble

A/01/03

Thursday, 09.10.2025

SALAD
Salad bar, raw vegetables, toppings,
dressing A/C/H/I/J
in Toppings und Dressing

PLANTPOWER
Potato pancakes with applesauce

03

COLORFUL DIVERSITY
Minced beef ragout with sauerkraut and
Spätzle noodles

A/C/I/01/03

PURE FREEDOM "Allergenes"
Minced beef ragout with mushrooms
and boiled potatoes

J/01/03

DESSERT
Fruit salad

03

Friday, 10.10.2025

SALAD
Salad bar, raw vegetables, toppings,
dressing A/C/H/I/J
in Toppings und Dressing

PLANTPOWER
PRIMARY: Pasta station with various
sauces and pesto SECONDARY: Pasta
station for all pasta lovers with a variety
of sauces and topping station.

Nudelstation: A/C/G/02/03/08

COLORFUL DIVERSITY
Hamburger with brioche bun, burger
sauce, and wedges

A/C/I/01/03/11

PURE FREEDOM "Allergenes"
Chicken burger with brioche bun, burger
sauce (also with gluten-free bun), and
wedges

A/C/I/01/03/11

DESSERT
Vanilla pudding

G/01

Additives:	01 with dye	02 with preservatives	03 with antioxidants	04 with flavor enhancer	05 sulphurated
	06 blackendes	07 with phosphat	08 with milk protein	09 caffeinated	10 quinine
Allergenes:	a cereals containing gluten	b crustaceans	c eggs	d fish	e peanuts
	f soja	g milk	h nuts	i celery	j mustard
	k sesame seeds	l sulfur dioxide and sulphites	m lupines	n moluuscs	



Primary & Secondary

Monday, 13.10.2025	Tuesday, 14.10.2025	Wednesday, 15.10.2025	Thursday, 16.10.2025	Friday, 17.10.2025
SALAD BAR Raw vegetables, Toppings, Dressing A/C/H/I/J in Toppings und Dressing PLANTPOWER PRIMARY: Pasta station with various sauces and pesto SECONDARY: Pasta station for all pasta lovers with a variety of sauces and topping station. Nudelstation: A/C/G/02/03/08 COLORFUL DIVERSITY Paella de Marisco – Paella with seafood B/D/N/03 PURE FREEDOM "Allergenes" Herb pollock fillet with lemon sauce, colorful carrot vegetables, and dill potatoes D/01 DESSERT Fresh fruit	SALAD BAR Raw vegetables, Toppings, Dressing A/C/H/I/J in Toppings und Dressing PLANTPOWER Yeast dumpling with plum filling, vanilla sauce, and poppy seed sugar A/G/01 COLORFUL DIVERSITY Beef sausage with curry sauce and steakhouse fries F/02/03/07 PURE FREEDOM "Allergenes" Poultry frankfurter with curry sauce and steakhouse fries F/02/03/07 DESSERT Rice pudding with cinnamon and sugar G	SALAD BAR Raw vegetables, Toppings, Dressing A/C/H/I/J in Toppings und Dressing PLANTPOWER PRIMARY: Pasta station with various sauces and pesto SECONDARY: Pasta station for all pasta lovers with a variety of sauces and topping station. Nudelstation: A/C/G/02/03/08 COLORFUL DIVERSITY Lasagna Bolognese (beef) A/G/03 PURE FREEDOM "Allergenes" Lasagna Margherita (also gluten- and lactose-free) A/G/03 DESSERT Berry compote with vanilla sauce G/01	SALAD BAR Raw vegetables, Toppings, Dressing A/C/H/I/J in Toppings und Dressing PLANTPOWER Organic omelette with savoy cabbage in cream and boiled potatoes C/G/I/01 COLORFUL DIVERSITY Baked pasta casserole with broccoli and turkey ham A/G/02/03/07 PURE FREEDOM "Allergenes" Grilled chicken breast with peperonata vegetables and basmati rice L/01/03 DESSERT Fruit salad 03	SALAD BAR Raw vegetables, Toppings, Dressing A/C/H/I/J in Toppings und Dressing PLANTPOWER PRIMARY: Pasta station with various sauces and pesto SECONDARY: Pasta station for all pasta lovers with a variety of sauces and topping station. Nudelstation: A/C/G/02/03/08 COLORFUL DIVERSITY Pizza with turkey salami and mozzarella A/G/02/03 PURE FREEDOM "Allergenes" Pizza Mozzarella (Margherita) – also gluten- and lactose-free A/G DESSERT Chocolate pudding G

Additives:	01 with dye	02 with preservatives	03 with antioxidants	04 with flavor enhancer	05 sulphurated
	06 blackendes	07 with phosphat	08 with milk protein	09 caffeinated	10 quinine
Allergenes:	a cereals containing gluten	b crustaceans	c eggs	d fish	e peanuts
	f soja	g milk	h nuts	i celery	j mustard
	k sesame seeds	l sulfur dioxide and sulphites	m lupines	n moluuscs	



Primary & Secondary

Monday, 20.10.2025

SALAD
Salad bar, raw vegetables, toppings,
dressing

A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

PRIMARY: Pasta station with various
sauces and pesto SECONDARY: Pasta
station for all pasta lovers with a variety
of sauces and topping station.

Nudelstation: A/C/G/02/03/08

COLORFUL DIVERSITY

Grilled chicken breast with bell pepper-
tomato sauce and herb potatoes

L/01/03

PURE FREEDOM "Allergenes"

Fried rice with chicken breast, egg, and
vegetables

C/F/K/02/03/12

DESSERT

Fresh fruit

Tuesday, 21.10.2025

SALAD
Salad bar, raw vegetables, toppings,
dressing

A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

Cheese Spätzle noodles with roasted
onions

COLORFUL DIVERSITY

Creamy leek and ground beef stew with
baguette (alt. gluten-free roll)

A/G/01/03

PURE FREEDOM "Allergenes"

Grilled turkey steak with broccoli and
boiled potatoes

01

DESSERT

Peach-passion fruit yogurt

G

Wednesday, 22.10.2025

SALAD
Salad bar, raw vegetables, toppings,
dressing

A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

PRIMARY: Pasta station with various
sauces and pesto SECONDARY: Pasta
station for all pasta lovers with a variety
of sauces and topping station.

Nudelstation: A/C/G/02/03/08

COLORFUL DIVERSITY

Chicken schnitzel with mushroom cream
sauce and Knöpfle noodles

A/C/G

PURE FREEDOM "Allergenes"

Mashed potato casserole with ground
beef (gluten- and lactose-free)

I/J/01/03

DESSERT

Orange cake

A/C/03

Thursday, 23.10.2025

SALAD
Salad bar, raw vegetables, toppings,
dressing

A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

Red cabbage with potato dumplings and
dark sauce

I/J/L/02/03/05

COLORFUL DIVERSITY

Fruity chicken curry with basmati rice

G/01

PURE FREEDOM "Allergenes"

Gnocchi with meat sauce

01/03

DESSERT

Fruit salad

03

Friday, 24.10.2025

SALAD
Salad bar, raw vegetables, toppings,
dressing

A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

PRIMARY: Pasta station with various
sauces and pesto SECONDARY: Pasta
station for all pasta lovers with a variety
of sauces and topping station.

Nudelstation: A/C/G/02/03/08

COLORFUL DIVERSITY

Hot dogs (poultry) with steakhouse fries

A/C/I/J/01/02/03/04/07/11

PURE FREEDOM "Allergenes"

Hot dogs (poultry) in gluten-free pretzel
bun with steakhouse fries

A/C/F/I/J/01/02/03/04/07/11

DESSERT

Vanilla pudding

G/01

Additives:	01 with dye	02 with preservatives	03 with antioxidants	04 with flavor enhancer	05 sulphurated
	06 blackendes	07 with phosphat	08 with milk protein	09 caffeinated	10 quinine
Allergenes:	a cereals containing gluten	b crustaceans	c eggs	d fish	e peanuts
	f soja	g milk	h nuts	i celery	j mustard
	k sesame seeds	l sulfur dioxide and sulphites	m lupines	n moluuscs	