

Primary & Secondary

Monday, 01.12.2025

SALAD BAR
Raw vegetables, Toppings, Dressing
A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

PRIMARY: Pasta station with various sauces and pesto SECONDARY: Pasta station for all pasta lovers with a variety of sauces and topping station

Pasta station: A/C/G/02/03/08

COLORFUL DIVERSITY

Poultry meat loaf with carrot vegetables and potato rösti

01/02/03/07

PURE FREEDOM "Allergenes"

Ciorbă – traditional Romanian stew and baker's roll (also gluten-free)

A/G/03

DESSERT

Fruit

Tuesday, 02.12.2025

SALAD BAR
Raw vegetables, Toppings, Dressing
A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

Lentil curry with coconut and mango and basmati rice – vegan

03

COLORFUL DIVERSITY

Minced meat sauce with Knöpfle (small Swabian pasta)

A/C/03

PURE FREEDOM "Allergenes"

Mozzarella pizza (Margherita) – also gluten-free and lactose-free

A/G

DESSERT

Jelly dessert

01

Wednesday, 03.12.2025

SALAD BAR
Raw vegetables, Toppings, Dressing
A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

PRIMARY: Pasta station with various sauces and pesto SECONDARY: Pasta station for all pasta lovers with a variety of sauces and topping station

Pasta station: A/C/G/02/03/08

COLORFUL DIVERSITY

Fish fingers with creamed spinach and herb potatoes

A/D/G

PURE FREEDOM "Allergenes"

Boiled potatoes with quark dip (lactose-free) and boiled organic eggs

C/01

DESSERT

Rice pudding with cinnamon and sugar

G

Thursday, 04.12.2025

SALAD BAR
Raw vegetables, Toppings, Dressing
A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

Baked potato with herb-quark dip/topping (lactose-free)

03

COLORFUL DIVERSITY

Pasta bake with beef mince sauce and gratinated mozzarella

A/G/03

PURE FREEDOM "Allergenes"

Coalfish fillet with herbs and lemon with broccoli-pepper vegetables and herb potatoes

D/01

DESSERT

Fruit salad

03

Friday, 05.12.2025

SALAD BAR
Raw vegetables, Toppings, Dressing
A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

PRIMARY: Pasta station with various sauces and pesto SECONDARY: Pasta station for all pasta lovers with a variety of sauces and topping station

Pasta station: A/C/G/02/03/08

COLORFUL DIVERSITY

Pizza with turkey salami and mozzarella

A/G/02/03

PURE FREEDOM "Allergenes"

Oriental couscous with mint yoghurt sauce

A/G/03

DESSERT

Vanilla pudding

G/01

Additives:	01 with dye	02 with preservatives	03 with antioxidants	04 with flavor enhancer	05 sulphurated
	06 blackendes	07 with phosphat	08 with milk protein	09 caffeinated	10 quinine
Allergenes:	a cereals containing gluten	b crustaceans	c eggs	d fish	e peanuts
	f soja	g milk	h nuts	i celery	j mustard
	k sesame seeds	l sulfur dioxide and sulphites	m lupines	n moluuscs	



Primary & Secondary

Monday, 08.12.2025

SALAD
Salad bar, raw vegetables, toppings,
dressing A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

PRIMARY: Pasta station with various
sauces and pesto SECONDARY: Pasta
station for all pasta lovers with a variety
of sauces and topping station

Nudelstation: A/C/G/02/03/08

COLORFUL DIVERSITY

Finnish beef meatballs with dark gravy,
mashed potatoes and Lingonberries

A/G/I/J

PURE FREEDOM "Allergenes"

Sweet potato curry with broccoli and
coconut milk (vegan) + long-grain rice

03

DESSERT

Fresh fruit

Tuesday, 09.12.2025

SALAD
Salad bar, raw vegetables, toppings,
dressing A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

Kaiserschmarrn with apple sauce

A/C/G/03

COLORFUL DIVERSITY

Chilli con carne (beef) with long-grain
rice and sour cream

G/03

PURE FREEDOM "Allergenes"

Chilli sin carne with basmati rice and
vegan yoghurt

F/03

DESSERT

Stracciatella pudding

G/01

Wednesday, 10.12.2025

SALAD
Salad bar, raw vegetables, toppings,
dressing A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

PRIMARY: Pasta station with various
sauces and pesto SECONDARY: Pasta
station for all pasta lovers with a variety
of sauces and topping station

COLORFUL DIVERSITY

Beef sausage with curry sauce and baked
potato

F/02/03/07

PURE FREEDOM "Allergenes"

Bean stew with potatoes and
vegetables, bread roll (also gluten-free)

A/03

DESSERT

Apple crumble

A/01/03

Thursday, 11.12.2025

SALAD
Salad bar, raw vegetables, toppings,
dressing A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

Potato rösti with apple sauce

03

COLORFUL DIVERSITY

Fruity turkey breast curry, long-grain rice

G/01

PURE FREEDOM "Allergenes"

Gnocchi with pepper and tomato sauce

L/01/03

DESSERT

Fruit salad

03

Friday, 12.12.2025

SALAD
Salad bar, raw vegetables, toppings,
dressing A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

PRIMARY: Pasta station with various
sauces and pesto SECONDARY: Pasta
station for all pasta lovers with a variety
of sauces and topping station

Nudelstation: A/C/G/02/03/08

COLORFUL DIVERSITY

Hamburger with brioche bun, burger
sauce and wedges

A/C/I/01/03/11

PURE FREEDOM "Allergenes"

Lentil curry with coconut and mango
(vegan) + basmati rice

03

DESSERT

Chocolate pudding

G

Additives:	01 with dye	02 with preservatives	03 with antioxidants	04 with flavor enhancer	05 sulphurated
	06 blackendes	07 with phosphat	08 with milk protein	09 caffeinated	10 quinine
Allergenes:	a cereals containing gluten	b crustaceans	c eggs	d fish	e peanuts
	f soja	g milk	h nuts	i celery	j mustard
	k sesame seeds	l sulfur dioxide and sulphites	m lupines	n moliuuscs	



Primary & Secondary

Monday, 15.12.2025

SALAD BAR
Raw vegetables, Toppings, Dressing
A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

PRIMARY: Pasta station with various sauces and pesto SECONDARY: Pasta station for all pasta lovers with a variety of sauces and topping station

Pasta station: A/C/G/02/03/0A

COLORFUL DIVERSITY

Poultry sausage with mashed potatoes and dark gravy

G/I/J/03

PURE FREEDOM "Allergenes"

Cauliflower—cheese crispy medallion with tomato rice

A/C/G/03

DESSERT

Fresh fruit

Tuesday, 16.12.2025

SALAD BAR
Raw vegetables, Toppings, Dressing
A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

Lentil curry with coconut and mango (vegan), served with basmati rice

03

COLORFUL DIVERSITY

Zurich-style sliced chicken in creamy sauce with Knöpfle

A/C/G/J

PURE FREEDOM "Allergenes"

Pangasius with lemon sauce, pepper—tomato sauce and herb potatoes

D/L/01/03

DESSERT

Berry compote with vanilla sauce

G/01

Wednesday, 17.12.2025

SALAD BAR
Raw vegetables, Toppings, Dressing
A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

PRIMARY: Pasta station with various sauces and pesto SECONDARY: Pasta station for all pasta lovers with a variety of sauces and topping station

Nudelstation: A/C/G/02/03/08

COLORFUL DIVERSITY

Lasagne Bolognese (beef)

A/G/03

PURE FREEDOM "Allergenes"

Farmhouse stew with vegetarian mince, potatoes and peppers, served with parsley potatoes

I/J/01/03

DESSERT

Coconut cake

A/C/03

Thursday, 18.12.2025

SALAD BAR
Raw vegetables, Toppings, Dressing
A/C/H/I/J
in Toppings und Dressing

PLANTPOWER

Boiled organic eggs with mustard sauce and parsley potatoes

C/F/J/01

COLORFUL DIVERSITY

Thai poultry curry with wok vegetables and long-grain rice

F/I/02/03

PURE FREEDOM "Allergenes"

Pizza mozzarella (Margherita) – also gluten-free and lactose-free

A/G

DESSERT

Fruit salad

03

Friday, 19.12.2025

**melomi wishes you
a wonderful holiday
and a happy New
Year!**



Additives:	01 with dye	02 with preservatives	03 with antioxidants	04 with flavor enhancer	05 sulphurated
	06 blackendes	07 with phosphat	08 with milk protein	09 caffeinated	10 quinine
Allergenes:	a cereals containing gluten	b crustaceans	c eggs	d fish	e peanuts
	f soja	g milk	h nuts	i celery	j mustard
	k sesame seeds	l sulfur dioxide and sulphites	m lupines	n moluuscs	